

IN-FLIGHT MEALS

TO TICKLE YOUR TASTEBUDS...



**INCLUDING
KIDS' MEALS,
PLUS GLUTEN-FREE
AND VEGAN OPTIONS!**

GREAT VALUE MEAL DEALS

FLAVOURS FROM AROUND THE WORLD



Piri piri chicken

Portuguese style piri piri chicken, rice or seasoned potato wedges and vegetables.



Thai beef curry

Thai massaman beef curry with fragrant jasmine rice.



Penne bolognese

Authentic Italian Bolognese of minced beef in tomato sauce served with Penne pasta.



Chicken tikka masala

Classic chicken tikka masala with basmati rice & spicy tomato chutney.



Rich beef casserole

Beef steak braised in a rich sauce served with roast potatoes and vegetables.



All day breakfast

With grilled pork sausage, fluffy omelette, rosti potatoes and beans.



Sausage & mash

Grilled pork sausages in caramelised red onion gravy with creamy mashed potato.



Roast chicken dinner

Traditional roast chicken breast with roast potatoes, vegetables and rich onion gravy.

VEGETARIAN OPTIONS



All day vegetarian breakfast

Fluffy omelette served with baked beans, rosti potatoes and sautéed button mushrooms.



Cheese tortellini & Mediterranean vegetables

Pasta rings filled with cheese served in a rich tomato & basil sauce.



Moroccan vegetable tagine

Moroccan spiced vegetable tagine with lemon & herb couscous.

GLUTEN-FREE OPTIONS



All day gluten-free breakfast

With grilled bacon, rosti potatoes, fluffy scrambled egg, and sautéed mushrooms in a tomato sauce.



Gluten-free roast chicken dinner

Traditional roast chicken breast with grilled potatoes, vegetables and a rich gluten-free gravy.

VEGAN OPTIONS



All day vegan breakfast

With grilled vegan sausages, rosti potatoes and sautéed mushrooms in a tomato sauce.



Vegan Moroccan vegetable tagine

Moroccan spiced vegetable tagine with couscous.

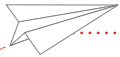
EXTRAS

BEFORE 10AM

| Standard | Gluten-Free | Vegan |
|---------------------------------------|--|-------------------------------------|
| Quaker Porridge To Go Bar | Fruit Cake Slice | Fruit Cake Slice |
| Bread Roll | Oatcakes | Oatcakes |
| Starbucks Coffee, Tetley Tea or Water | Philadelphia Spread | Chutney |
| | Starbucks Coffee, Tetley Tea, or Water | Starbucks Coffee, Tetley Tea, Water |

AFTER 10AM

| Standard | Gluten-Free | Vegan |
|---------------------------------------|--|--|
| Cheese & Crackers | Dark Chocolate Tiffin Slice | Dark Chocolate Tiffin Slice |
| Dessert | Oatcakes | Oatcakes |
| Starbucks Coffee, Tetley Tea or Water | Chutney | Chutney |
| | Philadelphia Spread | Starbucks Coffee, Tetley Tea, or Water |
| | Starbucks Coffee, Tetley Tea, or Water | |



KIDS MEAL BOXES



All day breakfast

With grilled sausage, grilled bacon, fluffy omelette, rosti potatoes and beans.



Crispy chicken strips

Southern fried chicken strips with mini hash browns and beans.



Macaroni cheese

Baked macaroni in a cheese sauce with hidden cauliflower.



Kids sausage & mash

Grilled pork sausages served with creamy mashed potato and beans.



EXTRAS

| | | |
|---|------------------------------|------------------------------|
| Cadbury's chocolate buttons | Goodies Mini cheese crackers | Fruit Bowl Strawberry Peeler |
| Pip Organic Blackcurrant, Raspberry and Apple Fruit Water | | |

SANDWICHES



Hot bacon baguette

Tasty bacon medallions in a warm buttered baguette with a choice of tomato ketchup or brown sauce.



Cheese & tomato toastie (V)

A select blend of three cheeses with a hint of red onion and roasted tomatoes served in toasted bloomer bread.



Ham & cheese toastie

Full-flavoured cured ham with mature cheddar cheese served in toasted bloomer bread.



Chicken and bacon roll

Chargrilled chicken, streaky bacon, spring onion and celery, with mayonnaise and salad cream, topped with mixed leaf on tiger bread.



Cheese Ploughman's Roll (V)

Mature cheddar cheese ploughman's with Branston Pickle on tiger bread.



Tuna crunch roll

Shredded tuna, diced red onion, peppers and cucumber, mixed together in creamy mayonnaise on tiger bread.



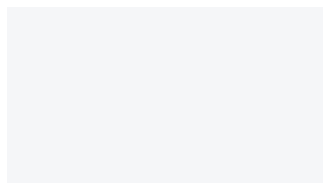
Gluten Free Peri-peri Falafel Wrap (GF)

Sweet potato falafel with peri-peri houmous in a gluten-free wrap



Vegan Onion Bhaji Mango Wrap (Ve)

Onion bhaji, mango chutney and minted slaw in a tortilla wrap (not available on Belfast routes).



Vegan Sandwich (Ve)

Avocado club sandwich (for Belfast routes only)

Have a Lovely Holiday!